

**HORSE SHOW**  
Sunday October 15

**ANIMAL & REPTILE  
DISPLAYS**

**DACHSHUND DASH  
LIVE MUSIC**

**FARMER FITNESS  
CHALLENGE**

**DOG JUMP  
TRADE SITES**

**SHOW JUMPING**

**ART SHOW**

**WOOD CHOP**

**MAKE BAKE, GROW  
CREATE EXPO**

**AND MUCH  
MUCH MORE...**



**Bendigo Bank**  
Cobden and Camperdown  
Community Bank

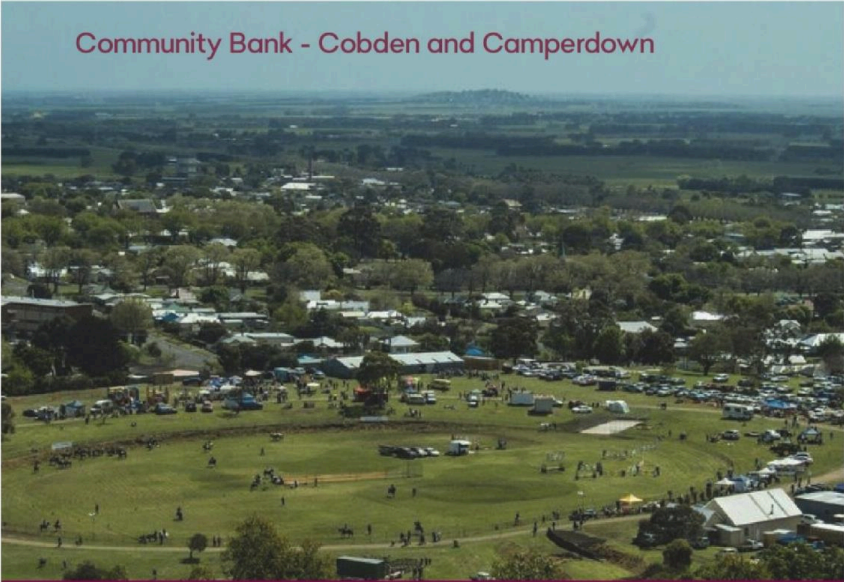
**Camperdown Show**  
Saturday October  
14, 2023



**Colac Toyota**  
The Country Choice



Community Bank - Cobden and Camperdown



# Supporting your community

## Proudly sponsoring Camperdown Show

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**Find out more. Call 5595 1191 or 5593 2434 or search Bendigo Bank Cobden and Camperdown.**

[bendigobank.com.au](http://bendigobank.com.au)



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# Camperdown Pastoral & Agricultural Society



Postal Address: PO Box 161, Camperdown Vic 3260

Showgrounds Address: Corner Adeney

& Lawrence Street, Camperdown 3260

Email: [camperdownpa@gmail.com](mailto:camperdownpa@gmail.com)

Facebook: Camperdown Showgrounds

Website: [camperdownshowgrounds.com.au](http://camperdownshowgrounds.com.au)

**SHOW SECRETARY:**

Jasmine Edwards 0438 176 511

Schedule Editor: Kathryn Wines - [camperdownshowschedule@gmail.com](mailto:camperdownshowschedule@gmail.com)

**PRESIDENT:** Cheryl McMahon 0419 464 567

**VICE PRESIDENT:** Andy Riordon 0419 356 257

**SECRETARY:** Mary Graham 0418 336 284

**TREASURER:** Amelia O'Connor 0418 326 219

**COMMITTEE:** Geoff Risbey(Life Member), Ashlea Church, Andy Graham, Rebecca Lines- Kelly, Will Cole, Les Harrison, Jo Stephens, Roz Holmes, Bob Liddle, Annette Hickey, Ian Gladman, Garry Brian, Leah Boyd, Noelene Powling, Kylie Spokes, Jo Stephens

## **SECTION STEWARDS:**

Horses: Jasmine Edwards      Sheep: Geoff Risbey/Will Cole

Poultry: Clayton Horspole

Beaut Ute Comp: Gary Brian & Jo O'Connor

Homecrafts: Noelene Powling, Annette Hickey & Rebecca Lines- Kelly

## **HONORARY LIFE MEMBERS:**

Anderson, L G

Boyd, J A

Brisbane, W R

Davis, Mrs B

Doherty, Mrs M

Draffen, Mrs B

Fisher, F

Goonan, J E

Greig, J F

Grimwade, H T

Gunner, AG

Hall, W

Harrison, C T

Heard, E T

Heath, P F

Hindhaugh, W J

Kerr, R H

Law Smith, P G

Lewer, Mrs S A

McAlpine, R

McClelland, R B

McDonald, I D

McGarvie, Keith

Oppenheim, C C

Oppenheim, Mrs L I

Pain, H E G

Podger, E H

Podger, W

Rahles-Rahbula, A N

Rahles-Rahbula, C R

Rand, G

Rantall, Mr H

Risby, Geoff

Sadler, F

Taylor, Alan

Teal, Mrs W

Thomas, N B

Thompson, R C

Thornton, J T

Towner, J R

Vagg, Geo

Wade, C

Wade, Mrs

Wallace, Mr N

Wilson, J C

Wright, N

## SHOW DAY BY-LAWS

- Positive identification of all animals must be produced when required.
- Protests must be lodged with the Secretary no later than 4pm on the day of the Show, accompanied by a deposit of \$50. Protests will be considered by a Committee appointed for the purpose and if reasonable grounds are shown, the deposit will be refunded.
- All prize money not collected by 5pm on show day shall become the property of the Camperdown P & A Society Inc.
- The Committee reserves the right to refuse, cancel or reject any entry without giving a reason for doing so. The Committee's decision on all points shall be final without recourse.
- All entries must be made subject to the Rules and Regulations of the Society and they are only accepted on this distinct understanding.
- All persons causing annoyance by loud comments on the decision of the judge, or other unseemly or insulting behaviour will, after having been cautioned by a member of the Committee, Steward or the Secretary is expelled from the Show, and if an exhibitor, may have their exhibits disqualified.
- The Committee may withhold any prize(s) where an exhibitor in making an entry has made statements proved to their satisfaction to be erroneous or fraudulent. Such exhibitor and their stock will be disqualified and excluded from exhibiting, riding, or competing at the Societies Show during the pleasure of the Committee. A disqualified exhibitor if also a member shall be liable for expulsion from the Society.
- Any disqualification shall be endorsed by all affiliated Societies in the South West Vas Group.
- No ribbon or card won at previous shows should be attached to or displayed on or near an exhibit.
- All competitors and exhibitors shall take part in competitions and or attend their exhibits at their own risk and the Society will not be responsible for any accident that may result to any exhibitor and or competitor as a result of such competition or be caused through or by any exhibits.
- In case any exhibit, whilst on the Societies grounds shall cause or be the cause of injury or damage to other exhibits or property of any member of the Society or general public, the owner of such exhibit shall indemnify and keep indemnified the Society, and it's officers against all damages, costs, claims, members property and effects from expenses and liabilities incurred in connection with such exhibits.
- In the event of any accident occurring on the Society's grounds to any exhibitor, competitor, member of the Committee or member of the general public during any show exhibition or other function organized and conducted

by the Society, any member of the Committee, or other Official of the Society shall if he considers it expedient to do so, be entitled to engage the services of a doctor or other person or persons to render medical attention to the person or persons involved in such accident, but neither the Society nor the Committee, nor any Official thereof, shall by so doing be deemed to incur any liability for any expense resulting from medical attention so procured and shall indemnify the Society, its Officers and its Members from and against all damages, costs, expenses or liabilities incurred in connection therewith.

- The Society shall not under any circumstances hold itself responsible for the loss or damage of livestock or any other exhibit at the Society's exhibitions.
- The definition of a Novice shall be any exhibitor who has never won a first prize at an Agricultural Show up to the closing time of entries.
- The use of Tranquillisers, Stimulants or any drugs capable of affecting the performance or behaviour of animals is forbidden.
- Competitors are advised that tests for forbidden substances may be carried out during the Show and that testing all animals is at the owner's risk. Testing for forbidden substances will be carried out under veterinary supervision.
- **PHOTOGRAPHS:** The Camperdown P & A Society will be taking photographs which may be used by the P & A Society Website, Facebook, and other advertising, etc: your attendance is considered permission for the images to be used.
- **SMOKING:** We ask that everyone abides by the current smoking laws & take notice of signs located around the grounds.
- **ELECTRICAL EQUIPMENT:** Exhibitors should supply their own "Safety Switch" for installation at each power outlet they use. Power boards must be fitted with current overload protection. All exhibitors' electrical items, including leads, must have current safety compliance tags.
- **RESPECT** Bullying is an issue in many sports today. VAS Ltd wants members, organisers and officials to know that bullying is not acceptable at any VAS Ltd events. Every official, competitor & helper has the right to be treated with dignity and respect. VAS Ltd has a responsibility to ensure this occurs at our events. VAS Ltd can only discipline the appropriate person/s if intimidation is reported. We encourage any person who feels they have been bullied to report it in writing to VAS Ltd: • Reports will be handled promptly and confidentially;
  - Disciplinary action will be taken against those who have bullied others at events run under the auspices of VAS Ltd.



Star Printing

## BEAUT UTE COMPETITION

***Sponsored by Colac Toyota,  
Eel Skimmers & Duckpluckers Bns Ball,***

~Utes to be in grounds by 9am, Judging will start at 11.00am Saturday with presentations directly after. Entry via second gate (further up towards the Mount), please be aware of pedestrians when entering.

~ Please enter classes on the day by 10.15am or via entry form in post to Camperdown P&A Society by Wednesday 4<sup>th</sup> October 2023 at the latest

~ Utes must remain stationary during display and judging.

~General gate entry applies (\$15 per adult, 5-17 years old \$5 each)

~ Main Classes \$10 each per class, Novelty classes \$5 each per class, plus FREE ENTRY for all utes into '**BEST UTE IN SHOW**'

Classes Category and Name will be:

### **MAIN CLASSES**

- BU1 Best Local Ute (within 20kms)
- BU2 Best Street Ute
- BU3 Best 4x4 Ute
- BU4 Best BnS Ute
- BU8 Best Classic Ute (pre 1990)
- BU9 Best Themed Ute

### **NOVELTY CLASSES**

- BU10 Best Bullbar
- BU11 Best Light Setup
- BU12 Best Under The Bonnet
- BU13 Best Flag Setup
- BU14 Best Stickers
- BU15 Dirtiest Ute

### **BEST IN SHOW**

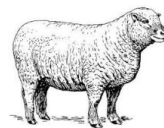


Best Ute in Show Prize: 2  
Tickets to the Eel Skimmers &  
Duck Pluckers BNS on  
Saturday 9th Dec 2023



## GUESS THE WEIGHT???

**Can you be the one to guess the right  
weight of a Sheep and/or a Cow??**



Look out for the Guess the Weight competitions  
just inside the main gate on show day.

Sheep Weight Winner prizes will be awarded on  
the day.

***Sponsored by A1 Air Control***



67 Scott Street, Camperdown VIC 3260  
Ph: 03 5593 1039 Fax: 03 5593 3024  
Mob: 0408 938 301  
E: [allison@a1aircontrol.com.au](mailto:allison@a1aircontrol.com.au)

## KIDS TREASURE HUNT SHOWBAG



**You're invited to an exciting treasure hunt for the kids at the Camperdown Show, with lots of awesome bits and pieces to find!**

For just \$5 per child/showbag, kids receive their bag (with some goodies already inside) and follow the provided map to see what else they

can find hidden around the showgrounds. These items include stickers, water bottles, lollies, craft sheets, magazines and more :)



**CORANGAMITE  
SHIRE**

**GET IN QUICK, ONLY 150 SHOWBAGS TO BE SOLD!**



~ Look for more info on the Camperdown Showgrounds Facebook Page

 **Bendigo Bank**

Community Bank  
Cobden & Districts  
and Camperdown

## VAS DOG HIGH JUMP COMPETITION

This event will be run as a VAS Qualifying Event. For full rules and regulations please check the Camperdown Showgrounds website.

Location: Near Cattle judging area.

Time: Approx. 1pm Saturday

Entry ~ \$2 per entry on show day at Secretary's office,  
& a ticket will be supplied for entry of class.

**Class 1.** Small dog - under 50cm

**Class 2.** Medium dog – over 50cm but less than 60cm

**Class 3.** Large dog – 60cm and over

***Prizes & Rosettes will be awarded to the winners.***

***Sponsored by Mitre 10 Camperdown***

Special Thanks to the  
Camperdown College  
VET students who have  
built & donated the Dog  
Jump

**CAMPERDOWN  
MITRE 10**

## DACHSHUND DASH

Location: to follow the Dog Jump near Cattle Judging area.

Time: Approx. 2pm Saturday

Entry ~ \$2 fee per class

**Class 1.** 25 metre dash - Under 2 years old

**Class 2.** 25 metre dash – 2 – 8 years

**Class 3.** 25 metre dash – Senior – over 8 years

**Class 4.** Best Dressed

***Sponsored by Lake Edge Cafe***



**LAKE EDGE CAFE**



## PET PARADE

- ~ Entry will be on the day.
- ~ Gold Coin Donation Entry Fee.
- ~ *Sponsored by Hatelys Kitchens*

Classes are

- Cuddliest Pet
- Scruffiest Pet
- Hairiest Pet
- Best Groomed Pet
- Most Unusual Pet



- Best Trick
- Best Dressed Pet
- Pet with The Wiggliest Tail
- Best Behaved Pet
- **CHAMPION PET IN SHOW**

## SHOW PERSONALITY

- ~Judging will be Show Day on the Main Stage.
- ~Please nominate entry on the day at the Main Office by 10am, or by entry form in post to Camperdown P&A Society.
- ~Sashes and/or Vouchers/Prizes to all Winners
- ~Free Entry

Class Category will be:

- SP1 Tiny Tot of the show (0-3 years old)
- SP2 Junior Show Boy or Girl (4-7 years old)
- SP3 Show Boy or Girl (8-12 years old)



***Sponsored by Camperdown Newsagency***



## MINIATURE GOATS AUSTRALIA

All entrants must be a member of MGA.

For more information/ Entries contact  
[admin@miniaturegoatsaustralia.com](mailto:admin@miniaturegoatsaustralia.com)



## 2023 INFINITE HEALTH FARMER CHALLENGE

**Are you capable of ????**



- ~ Stacking Hay Bales
- ~ Throwing a Gumboot
- ~ Building Portable Yards
- ~ Flipping Tyres
- ~ and Much More!!

**Then we have a challenge for you!!**

**Keep an eye on Facebook for more Info.**



19 Pike Street, Camperdown  
Ph: 5557 3337





Community Bank  
Cobden & Districts  
and Camperdown

## Show Sponsors

The Camperdown Pastoral & Agricultural Society would sincerely like to thank the following businesses for their sponsorship and valued support.

We also thank all our minor sponsors for their contribution towards the Camperdown Show!



## **Bendigo Bank**

### **RiST**

## **Eel Skimmers & Duck Pluckers BNS Ball**



LAKE EDGE CAFE

Excuse Me  
Fennell West  
Grass Growers

**Autopro Camperdown  
AWN**

**Ballarat Grammar  
Bega Cheese**

**Barwidgee Angus**

**Brandt Terang**

**Camperdown Bakery**

**Camperdown Compost**

**Camperdown Mitre 10**

**Camperdown Poultry Club**

**Charles Stewart & Co Colac**

**Charles Stewart Nash McVilly**

**Colac Toyota**

**Elders Camperdown**

**Haymen Reece**

**Jokers Fancy Dress**

**Lake Edge Café**

**Mortlake Motorcycles & Mowers**

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**Colac Toyota**  
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Stevo's Hire & Drive  
Showcase Jewellers  
Stihl Shop, Camperdown  
The Chook Shed  
The Snout

The Little Pharmacy and Shoe Shop  
Volcanic Contracting  
Standardbred Pleasure & Performance Assoc



*Barwidgee  
Angus*



**CORANGAMITE  
SHIRE**

## **SECTION 8 – HOMECRAFTS**

**Stewards: Annette Hickey, Noelene Powling &  
Rebecca Lines-Kelly 0411 128 461**

1. Make Bake Grow Create Expo
2. Art Show
3. Official Victorian Agricultural Show (VAS) Competitions

### **EXHIBITORS PLEASE NOTE**

- **All ages and abilities welcome.**
- Please bring your exhibits to the Arts Shed on
  - Thursday 12th October between 3pm and 6pm
  - Friday 13th October between 9am and 12 noon
  - No Postal Entries please.
- All entries can be collected after 3pm on show day.
- The Camperdown P&A Society will not under any circumstances be held responsible for the loss or damage to any exhibit at the Society's Exhibitions.

### **1. MAKE BAKE GROW CREATE EXPO**

**Share your interests and passions, and inspire others to create.**

**No entry fee, judging or prizes.**

#### **MAKE AND BAKE**

**Celebrate and share your cooking!**

- Make and/or bake your favourite food.
- Tell us why it is your favourite.
- Bring a favourite recipe to share.

#### **Suggestions:**

Jam, Relish, Sauce, Cordial, Cake, Biscuits, Soup, Bread, or anything else that you love to cook....



**Community House  
Camperdown**



**GROW**  
**Celebrate our green thumbs and food growing**

Share with us

- What is growing in your garden at the moment.
- Your suggestions for plants that attract bees/birds to your garden.
- Your tips for growing food (including eggs).

**Suggestions:**

Bunch of flowers/foliage, Herbs, Fragrant Plants, Vegetables, Fruit, Pot Plants, Succulents, Eggs, or anything else that you love growing!

Also your tips for growing particular plants.

*(Bring a vase for plants that need to be in water please)*

**CREATE**

**Share the things that you love to create!**

Showing what you have made inspires other to be creative.

Share with us your creations.

Write a short paragraph about your exhibit/craft (optional).

**Suggestions:**

Knitting, Crochet, Sewing, Stitching, Papercraft, Painting/Drawing, Photography, Mosaics, Metalwork, Rope Making, Woodwork, Basketry, Upcycling, Collecting, or any other creative pursuit.

**2. ART SHOW: COUNTRY LIFE**

This is a new section to showcase the work of our region's many artists.

Theme: **COUNTRY LIFE**

Categories:

- Adult
- Secondary school
- Primary school
- Community group

No entry fee.

Entry size:

- 2D artworks, A3 or smaller, framed ready to hang, or backed with card to enable hanging
- 3D artworks, 30x30x30cm or smaller.

Entry limit of one 2D and one 3D per person.

Entries to be original work, not previously displayed in public.

People's choice prizes. Voting to finish at 2.30pm.

### 3. VAS COMPETITIONS

**There will be judging and prizes for the Victorian Agricultural Shows (VAS) competitions, but no entry fees.**

**VAS entries will be judged at 12noon on Friday 13th October. Entry to the Arts Shed is not permitted while judging is in process.**

#### **VAS RULES & REGULATIONS – for all Cooking, Craft & Photography Competitions**

- Each exhibit entered must be the bona fide work of the exhibitor.
- **Professionals are not eligible**, which is defined as someone that works professionally or derives the greater percentage of their income in that Craft, Art Form or Technique.
- All work to have been completed in the last twelve (12) months prior to the entry at a local show/field day(except cooking classes)
- All VAS competitions follow the three levels of competition: Show, Group & State Level.
- An exhibit having won at a Local Show will compete at the following Group Final. The winning exhibit at the Group Final will then compete in the State Final at the same year Royal Melbourne Show.
- An exhibitor having won at Show Level is not eligible to enter the same section at any other Show until the Group Final Judging.
- An exhibitor is only eligible to represent one Group in the State Final.
- If for any reason a winner is unable to compete at a Group or State Final level, then the second placegetter is eligible to compete.
- An exhibit having won a State Final is no longer eligible to compete in the competition.
- If an exhibitor is found to have won more than one Group Final the exhibitor must forfeit/refund all prizes and will be disqualified from exhibiting for 12 months.
- Late entries not accepted

#### **For all VAS Cooking Competitions - plus rules and regulations above**

- All entrants must follow the recipe and specifications provided in recipe section.
- An exhibitor having won at their Local Show will bake another cake for the Group Final; and then the winner of the Group Final will bake another cake for the State Final.

#### **For all VAS Sewing Competitions - plus rules and regulations above**

- An exhibit having won at a Show Level will compete at the Group Final. The winning exhibit will then compete in the State Final at the Royal Melbourne Show.

***All sewing competitions proudly sponsored by Spotlight***

**SPOTLIGHT**

### **VAS STATE COOKING COMPETITIONS**

#### **Rich Fruit Cake & Junior Boiled Fruit Cake Competition**

Preferred Ingredients to be 100% Australian Grown Produce

#### **Open and Junior Carrot Cake Competition**

Proudly Sponsored by Rocky Lamattina & Sons



## V1 VAS Rich Fruit Cake Competition

### **RULES AND REGULATIONS:**

- All rules and regulations on this page to be taken in conjunction with the general VAS Rules & Regulations listed at start of Homecrafts Section

### **The following recipe is compulsory for all entrants.**

250g sultanas	¼ teaspoon grated nutmeg
250g chopped raisins	½ teaspoon ground ginger
250g currants	½ teaspoon ground cloves
125g chopped mixed peel	250g butter
90g chopped red glace cherries	250g soft brown sugar
90g chopped blanched almonds	4 large eggs
1/3 cup sherry or brandy	½ teaspoon vanilla essence
250g plain flour	½ teaspoon almond essence
60g self raising flour	
½ teaspoon lemon essence or finely grated lemon rind	

### **METHOD:**

1. Cut the fruit and almonds into 3-4 pieces. Mix together all the fruits and nuts and sprinkle with the sherry or brandy. Cover and leave for at least one hour, but preferably overnight.
2. Sift together the flours and spices. Cream together the butter and sugar with the essences. Add the eggs one at a time, beating well after each addition, and then alternatively add the fruit and flour mixtures. Mix thoroughly. The mixture should be stiff enough to support a wooden spoon.
3. Place mixture into a prepared **20cm square, straight sided, square cornered tin** and bake in a slow oven for approximately 3 ½ - 4 hours. Allow the cake to cool in the tin.

## V2 VAS Carrot Cake Competition

Open to carrot cake enthusiasts everywhere.

### **RULES AND REGULATIONS:**

- All rules and regulations on this page to be taken in conjunction with the general VAS Rules & Regulations listed at start of Homecrafts Section

### **The following recipe is compulsory for all entrants.**

• 375g plain flour	• 345g castor sugar
• 2 teaspoon baking powder	• 375ml vegetable oil
• 1½ teaspoon bicarbonate of soda	• 4 eggs
• 2 teaspoon ground cinnamon	• 3 medium carrots, grated (350g)
• ½ teaspoon ground nutmeg	• 220g tin crushed pineapple, drained
• ½ teaspoon allspice	• 180g pecan nuts coarsely crushed
• 2 teaspoon salt	

### **METHOD:**

1. Preheat oven to 180°C (160°C fan), Grease a 23cm (9") round cake tin and line with baking paper.
2. Sift the dry ingredients together into a bowl. In a separate bowl, beat the eggs and oil, then add the dry ingredients. Mix well then add the carrots, crushed pineapple and pecans. Mix to form a smooth batter and pour into the cake tin.
3. Bake for approximately 90-100 minutes. Remove from the oven and allow to cool for 10 minutes in the tin on a wire rack. Upend and allow to cool on the wire rack.

### **V3- VAS Knitting Competition**

- **A Hand Knitted Blanket, not more the 1 metre on any one side.**
- Each exhibit must be made from pure wool/ wool blend of any ply.
- Exhibitor to attach label from wool used or receipt from woollen mill.
- All rules and regulations on this page to be taken in conjunction with the general VAS Rules & Regulations listed at start of Homecrafts Section.

### **V4- VAS Crochet Competition – A 3D ITEM**

- A 3D Item, no larger than 50cm on any one side, made from pure wool/ wool blend of any ply.
- Exhibitor to attach label from wool used or receipt from woollen mill.
- All rules and regulations on this page to be taken in conjunction with the general VAS Rules & Regulations listed at start of Homecrafts Section.

### **V5- VAS Sewing Competition – WEARABLE VEST**

- The item is to be a Wearable Vest, Fully Lined with Embellishments allowed.
- Sewn by machine.
- May be hand finished.
- Knitted/Crocheted items not acceptable
- All rules and regulations on this page to be taken in conjunction with the general VAS Rules & Regulations listed at start of Homecrafts Section.

### **V6- VAS Embroidery Competition**

- The exhibit to be an article of hand embroidery any type, excluding cross stitch
- All rules and regulations on this page to be taken in conjunction with the general VAS Rules & Regulations listed at start of Homecrafts Section

### **V7- VAS Cross Stitch Competition**

- The exhibit to be an article of cross stitch any type up to 60cms on all sides including frame. Minimal Embellishments allowed.
- All rules and regulations on this page to be taken in conjunction with the general VAS Rules & Regulations listed at start of Homecrafts Section

### **V8- VAS Patchwork Competition**

- The exhibit is to be not more than one metre on any one side
- Machine/ hand pieced and quilted by exhibitor only.
- Minimal Embellishments. Small amount only not to overpower patchwork
- All rules and regulations on this page to be taken in conjunction with the general VAS Rules & Regulations listed at start of Homecrafts Section.

### **V9- VAS Photography Competition ~ theme “ANIMAL/S IN ACTION”**

- Unframed, print no larger than 20 x 30cms,
- Must be mounted on thick card (mount no larger than 3cms)
- All rules and regulations on this page to be taken in conjunction with the general VAS Rules & Regulations listed at start of Homecrafts Section.



VAS Junior section is open only to exhibitors **17 years and under**.

All exhibits are to be baked prior to day of judging.

### **V10 - VAS Junior Boiled Fruit Cake**

- A competition for junior cake bakers aged under 18 on the day of their local show day.
- This section is open only to exhibitors **17 years and under**

**The following recipe is compulsory for all entrants.**

375g mixed fruit	½ cup sherry
¾ cup brown sugar	2 eggs, lightly beaten
1 teaspoon mixed spice	2 tablespoons marmalade
½ cup water	1 cup self raising flour
125g butter	1 cup plain flour
½ teaspoon bicarbonate soda	¼ teaspoon salt

#### **METHOD:**

1. Place mixed fruit, sugar, spice, water & butter in a large saucepan and bring to the boil
2. Simmer gently for three (3) minutes, then remove from stove, add bicarbonate soda and allow to cool.
3. Add sherry, eggs and marmalade, mixing well
4. Fold in sifted dry ingredients then place in a greased and lined **20cm round cake tin.**
5. Bake in a moderately slow oven for 1.5 hours or until cooked when tested.

### **V11 - VAS Junior Carrot and Date Muffins**

- A competition for junior cake bakers under 18 on the day of their local show day.
- Show Entries: Four (4) muffins per paper plate

**The following recipe is compulsory for all entrants.**

2½ cups self raising flour	1 tablespoon orange marmalade
1 teaspoon ground cinnamon	1 cup canola oil
¼ teaspoon ground nutmeg	2 eggs, lightly beaten
1 cup brown sugar (firmly packed)	¾ cup orange juice
1/3 cup chopped pitted dates	1 cup reduced fat milk
1 cup coarsely grated carrot	

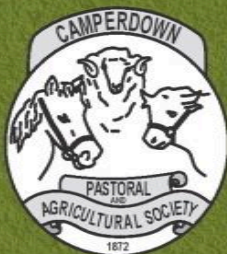
#### **METHOD:**

1. Pre heat oven to 190°C (moderately hot)
2. Line a 12 hole muffin pan with Round Paper Muffin Cases - classic white muffin cases size (35mm Height x 90mm Wide x 50mm Base)
3. Sift dry ingredients into a large bowl; stir in dates and carrots. Then add the combined marmalade, oil, eggs, juice and milk. Mix until just combined.
4. Spoon mixture evenly into muffin paper cases in muffin pan.
5. Cook for 20 minutes. To test if muffins are cooked insert cake skewer; if it comes out clean the muffins are ready.
6. Stand muffins in pan for 5 minutes before removing to cool.

### **V12 – Junior Photography Competition ~ theme “ANIMAL/S IN ACTION”**

- Exhibitors to be under 18 on the day of their local show day.
- Unframed, print no larger than 20 x 30cms,
- Must be mounted on thick card (mount no larger than 3cms).
- All rules and regulations on this page to be taken in conjunction with the general VAS Rules & Regulations listed at start of Homecrafts Section.





**Bendigo Bank**  
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